

KIRTON PRIMARY SCHOOL

TERM 5 NEWSLETTER 2025



YEAR 5

April 2025

Dear Parents and Carers

Another very warm welcome back to all the children in Year 5 of Kirton Primary. Term 5 is going to be filled with superb learning opportunities.

Our Topic

Term 5: Vikings

Children will be learning, researching and experiencing various subject areas from the Viking age. They will be finding out about what it was like to live, work and survive during this period of our history.

During the term, children will learn what life was like as a Viking when Kirton Primary School welcomes a Nordic expert for an experience day.

Maths and English

In maths lessons, children will be learning about: 2D and 3D shape properties, angles, how to calculate missing numbers and reinforcing and using formal methods of calculations in context.

As we mention every term, because they are so important, it would really help your child if they were super-confident with their times tables and associated division facts. This would help them in all areas of maths. This term your child needs to be able to rapidly recall times tables (up to 12x) and then calculate related facts concerning multiples of 10, 100 and 1000 of these numbers. For example, if $6 \times 8 = 48$ then they can work out that $60 \times 80 = 4800$. Some children may even start learning to be able to recall decimal, percentage and fraction facts.

In English, we will be learning about how to use relative clauses, different verb tenses, secure our knowledge on speech punctuation and then applying this knowledge to writing reports, persuasive arguments and engaging scene descriptions – all linked to our term 5 topic.

Please encourage your child to read at home every day and ask them questions about what they are

reading at every opportunity. We aim to change books regularly.

Your child may bring a water bottle to school. Please ensure the bottle is clearly named and only contains water.

PE

Our PE days continue to be on Mondays and Wednesdays. Please ensure that your child has the appropriate PE kit in school every day. For outdoor games, the children need plain black/navy tracksuit bottoms, a plain white t-shirt, a plain sweatshirt and trainers. For indoor PE, the children need plain black/navy shorts and a plain white t-shirt. Every item needs to be clearly labelled and in a bag that will remain in school every day. Kits will be taken home to be washed at the end of each term. No items should be taken home during the term. Children who attend sporting clubs should bring extra kit so their PE kit can stay in school.

Homework

Homework is set on a Wednesday and will continue to support your child's education. It will include spellings and some reading. If there are ever any problems about the homework, please come and see us as soon as possible.

Important Dates

22.04.25 – First day of term 5
30.05.25 – Viking Day
05.05.25 – May Day Bank Holiday
23.05.25 – Last day of Term 5
02.06.25 – First day of Term 6

Yours sincerely

Mr Greaves Mr Norton
Year 5 Class Teachers



KIRTON PRIMARY SCHOOL

TERM 5 NEWSLETTER 2025

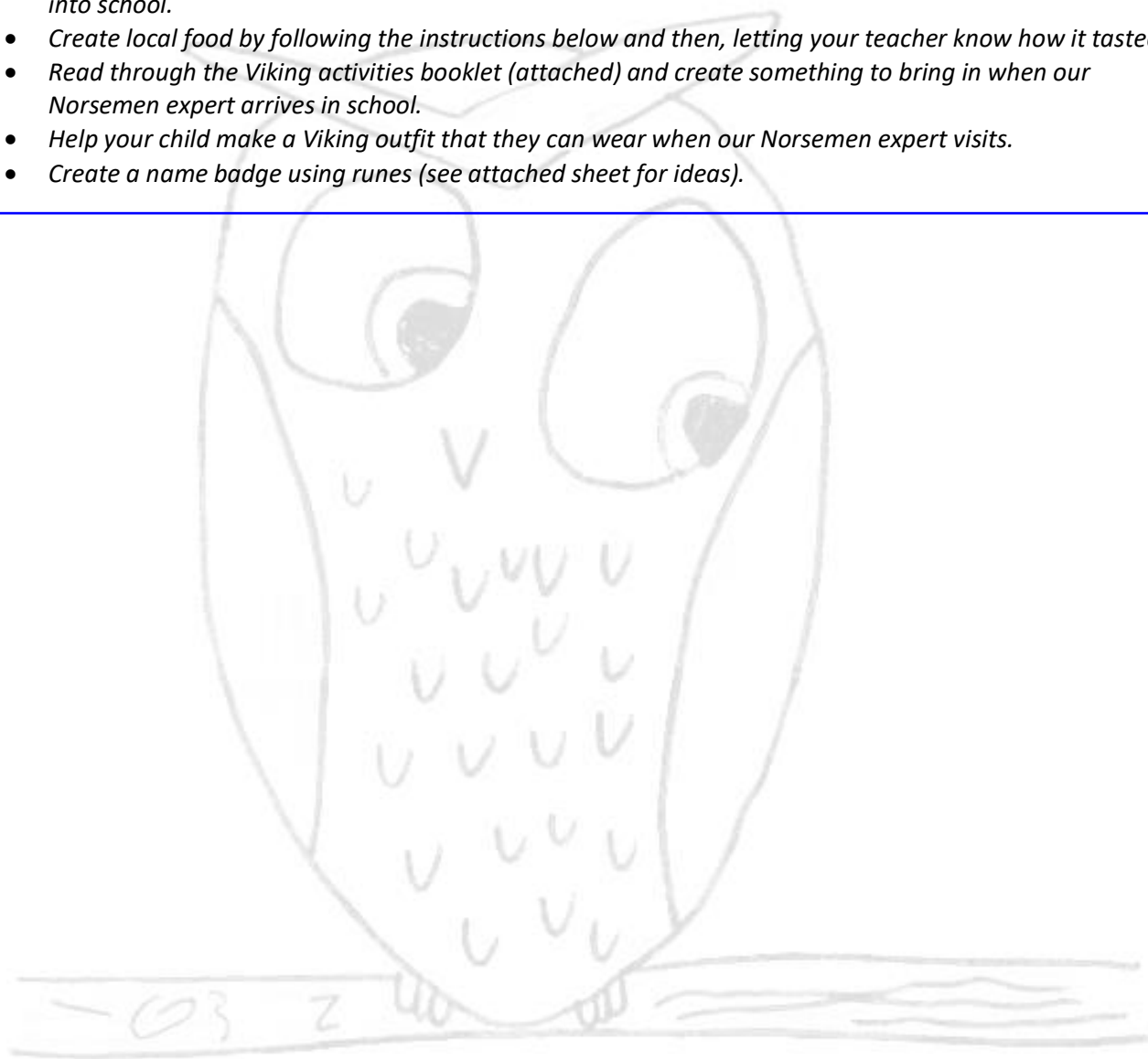


YEAR 5

HOW YOU CAN SUPPORT YOUR CHILD'S LEARNING THIS TERM:

Key things that parents can do to support their child, this term, related to things they will be learning about:

- Watch some "Horrible Histories" about Vikings and encourage children to generate questions to bring into school.
- Create local food by following the instructions below and then, letting your teacher know how it tasted.
- Read through the Viking activities booklet (attached) and create something to bring in when our Norsemen expert arrives in school.
- Help your child make a Viking outfit that they can wear when our Norsemen expert visits.
- Create a name badge using runes (see attached sheet for ideas).



KIRTON PRIMARY SCHOOL

TERM 5 NEWSLETTER 2025



YEAR 5

Make a local, historic food with your adults at home...

Try Lincolnshire Plum Bread

You will need...

- a large loaf tin, lined with parchment if you wish
- 450g strong white bread flour
- 1 tsp salt
- 1 tsp allspice
- 1 tsp ground cinnamon
- 50g dark brown sugar
- 7g sachet of easy-blend dry yeast
- 100g sultanas
- 100g raisins
- 50g dried mixed peel {optional}
- 300ml strong black tea {only 50 ml will end up in the dough}
- 75ml milk
- 75g butter, melted
- 2 free-range egg, beaten.



1. Begin by soaking the sultanas, raisins and mixed dried peel (if using) in the strong tea. Set aside for half an hour while you gather and prepare the rest of the ingredients.
2. Sift the flour into a large bowl, add the yeast, allspice, cinnamon, sugar and salt then use a whisk or your hands to combine them.
3. Drain the fruit, reserving 50 ml of the tea. Add the plumped-up fruit to the dry ingredients and give it another quick mix.
4. Combine the 50 ml of reserved tea with the milk, melted butter and beaten eggs and add most of it to the dry ingredients. Don't quite add it all straight away as it may not all be needed.
5. Use your hands to mix everything together, add the rest of the tea/milk/butter/egg mixture if it's too dry. It should come away from the sides of the bowl. Add a spot more of the cold milk if it still needs it.
6. Place the dough on a clean work surface then knead the dough for 5 to 10 minutes until smooth and elastic. Put a dot of oil into a clean bowl and roll the dough in it to coat. Cover with cling film or a damp towel then leave in a warm place for around an hour or two for it to prove and double in size.
7. Once the dough has risen nicely, give it another quick knead to knock the air back out of it. Flatten it out a bit then tuck the sides under to form a loaf shape. Drop into the loaf tin and loosely cover with oiled cling film. Return the loaf to a warm place for an hour or so for the dough to double in size again.
8. Preheat the oven 190 C / gas 5 / 375 F
9. Once the loaf has risen simply pop it into the preheated oven and bake for around 25 to 35 minutes. To check if it is baked, tip the loaf out of the tin and tap the base, it should sound hollow. Turn the oven down a little if it is starting to brown too quickly.
10. Cool the loaf on a wire rack before slicing.

KIRTON PRIMARY SCHOOL

























TERM 5 NEWSLETTER 2025

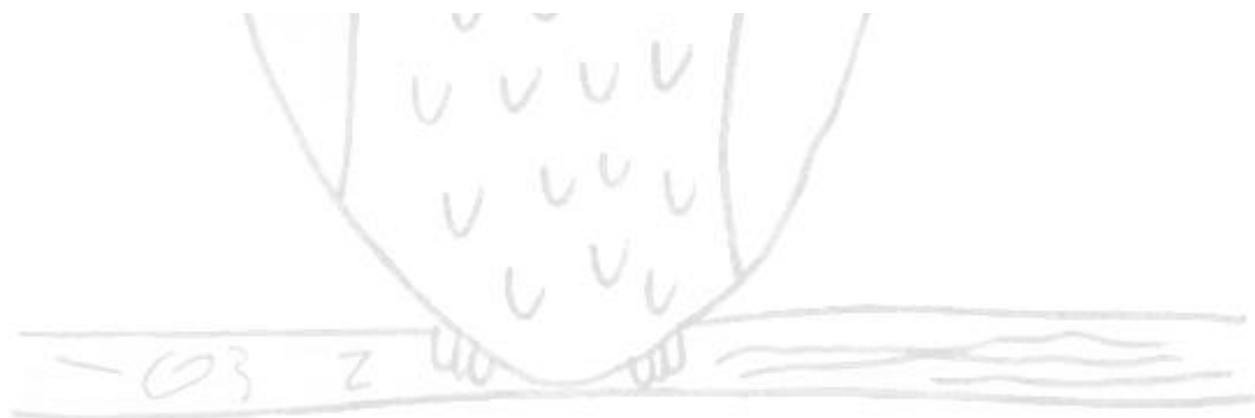


YEAR 5

Can your children make a poster of their name using Viking runes?
They can also invent a Viking name for themselves and make a sign with this on.

Runes - The Elder Futhark

					
F Fehu cattle, wealth	U Uruz aurochs, strength	Th Thurisaz giant, thor	A Ansuz god, odin	R Raido journey, wheel	K Kaunan ulcer, fire
					
G Gebō gift	W Wunjō joy	H Hagalaz hail, air	N Naudiz need, necessity	I Īsaz ice	J Jēra year, harvest
					
E Eiwaz yew tree, tree of life	P Perth unclear meaning	Z Algiz elk protection	S Sōwilō sun	T Tiwaz the god Tiwaz, victory	B Berkanan birch, birth
					
E Ehwaz horse	M Mannaz man	L Laguz water, lake	Ng Ingwaz the god Ingwaz, fertility	O Othila heritage, property	D Dagaz day, dawn



KIRTON PRIMARY SCHOOL

TERM 5 NEWSLETTER 2025



YEAR 5

BOYS' NAMES

Cut out and colour in the Thor's Hammer and put your Viking Name on it.
Make a small hole in the top and thread a piece of string through the top to make a necklace.
Wear it as part of your costume on Viking Day

Thord Berserks Killer	Snorri Wartooth
Eirik Snake in the Eye	Ulf Lousebeard
Finnboggi the Flayer	Grundt Bloodaxe
Gust Skull Splitter	Krabbi Smooth Tongue
Grim Fork Beard	Ivar Paunch Shaker
Barri Arrow Odd	Skuli One Hand
Hogni Flat Nose	Knut Skinflint
Harald Hard Head	Sweyne the Powerful
Tind Battle Wolf	Toki One Eye
Tryfing Hairy Brecks	Vignir Iron Skull
Svip Hot Head	Gothrom the Great
Helgi Kin Fighter	Rolf the Quarreller
Kol the Hunter	Svidi Horse Stealer
Olaf Blue Tooth	Svart Long Legs
Atli Fast Sailor	Frodi the Pale
Franmar Meadseeker	Hamal Hard Mouth



KIRTON PRIMARY SCHOOL

TERM 5 NEWSLETTER 2025



YEAR 5

GIRLS' NAMES

Choose a Viking Name from the list below.

Make a Viking Comb from cardboard, decorate it and write your Viking name on it.

Wear it hanging from your belt or brooches.

Gudrid	Sigrlinn	Aslaug
Aesa	Bodvild	Grimhild
Halldis	Sigrid	Aud
Freydis	Swanhild	Ellisif
Edny	Asa	Helga
Kara	Oddrun	Thora
Unn	Hildigunn	Isgerd
Edda	Silksif	Gudrun
Arnora	Bestla	Skjalf
Herbjorg	Groa	Ragnhild
Hekja	Sylgja	Lyngheld
Solvieg	Hallfrid	Yrsa
Tofa	Dagmaer	Sinthrjod



KIRTON PRIMARY SCHOOL

TERM 5 NEWSLETTER 2025



YEAR 5

VIKING WARRIORS

Dressing as Viking warriors is easy! Use a brightly coloured adult "T" Shirt as an over-shirt and a normal size T shirt underneath for an undershirt. Your trousers can be baggy or straight-legged. Wear a cloak and a furry hat if you want.

Leg bindings are optional. These are very long lengths of material that are bound around your legs from your ankles to your knees. If you do wear leg bindings, make sure they are secure.

To make realistic chain mail, use old onion bags. Spray them silver. It looks good and weighs much less than the real thing. You can get old onion bags from supermarkets and greengrocers shops. Wear a belt around your waist over the top of your chain mail or over your shirt.



Don't forget to wear your **THOR'S HAMMER** with your Viking name.



YEAR 5

VIKING HELMET

To make a Viking Helmet, you will need to measure your head very carefully.

Measure all the way around your head.

Remember to write this measurement down.

Then measure from the middle of your forehead over the top your head and from ear to ear.

Using thin cardboard make a frame or cradle this size.

Line your helmet with foil or thin card.

The "spectacle" is optional, so is the point on the top.

Paint your helmet black or grey.





YEAR 5

VIKING SWORDS

In the picture you can see the handles or "hand grips" of four Viking Swords.
They put decoration on everything.



If making your sword from **cardboard**, see if you can make a hand grip like one of these. Please do not make your sword longer than **52cms**.





YEAR 5

VIKING SHIELD

You will need a **LARGE** Circle of thick, strong cardboard.
A long strip of strong cardboard. A round yoghurt pot.
Some **long** split pins and some paint.
Sticky tape to cover the split pins.

Paint the yoghurt pot silver or grey.

Cut a hole, slightly smaller than your yoghurt pot in the back of your shield.

Paint your shield in colourful stripes or swirls.

Push the yoghurt pot through the back of the shield to act as a shield boss to protect your hand. Paint silver or grey

Attach the long strip of cardboard across the middle of your shield, over the hole with the yoghurt pot in it, with the split pins.

Cover the ends of the split pins with tape or plaster.



KIRTON PRIMARY SCHOOL

TERM 5 NEWSLETTER 2025



YEAR 5

VIKING GIRLS

You will need a long underdress and calf-length pinafore dress.

Your **TORTOISE BROOCHES** are attached to the front of the pinafore dress.

Wear beads between your tortoise brooches. Your **Viking comb** and **girdle hangers** can be worn hanging from your brooches on long lengths of cord. Don't forget to put your Viking name on the comb. Viking women always wore headscarves. They would wear a cloak if it was very cold



The photograph opposite is the actual size of these brooches. Make your **TORTOISE BROOCHES** from oval pieces cardboard.

Decorate with pasta and paint gold or silver.

Stick a safety pin on the back, so you can pin your brooches to your pinafore.



These are girdle hangers, nobody knows whether they were just for decoration or had some practical use.

